The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact www.benefitoptions.az.gov or call 1-800-304-3687 or 602-542-5008 to request a copy. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.benefitoptions.az.gov or call 1-800-304-3687 or 602-542-5008 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: **$1,700** employee or **$3,400** family per calendar year Out-of-network: **$5,000** employee or **$10,000** family per calendar year	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible?	Yes, In-network Preventive care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	Yes. In-network **$3,500** employee or **$7,000** family per calendar year Out-of-network **$8,700** employee or **$17,400** family per calendar year	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.benefitoptions.az.gov or call 1-602-542-5008 or 1-800-304-3687 for a list of participating providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	10% coinsurance	50% coinsurance & balance billing may apply	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Preventive care/screening limited to one visit per member per Plan Year. Age and frequency limits may apply. See your plan document for more information on limitations.
	Specialist visit	10% coinsurance	50% coinsurance & balance billing may apply	
	Preventive care/screening/ immunization	No Charge	50% coinsurance & balance billing may apply	
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	50% coinsurance & balance billing may apply	None
	Imaging (CT/PET scans, MRIs)	10% coinsurance	50% coinsurance & balance billing may apply	Some testing may require pre-certification. See your plan document for more information on pre-certification limitations.
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.benefitoptions.az.gov	Generic drugs	$15 copay/prescription-retail $30 copay/prescription-mail order $37.50 copay/prescription-Choice90	Not Covered	Non-preventive prescription drug: 100% before deductible is met. Covers up to a 30-day supply for retail; up to a 90-day supply for mail order; up to a 90-day supply for Choice90. Prescription medication with over-the-counter equivalents is not covered. Dispense as Written rules associated with how the plan will pay for a name-brand prescription may apply. Specialty drugs limited to a 30-day supply. See your plan document for more information on Specialty Pharmacy.
	Preferred brand drugs	$40 copay/prescription-retail $80 copay/prescription-mail order $100 copay/prescription-Choice90	Not Covered	
	Non-preferred brand drugs	$60 copay/prescription-retail $120 copay/prescription-mail order $150 copay/prescription-Choice90	Not Covered	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	

* For more information about limitations and exceptions, see the plan or policy document at www.benefitoptions.az.gov .

If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	50% coinsurance & balance billing may apply	Bariatric Surgery 20% coinsurance covered in-network only. See your plan document for more information on pre-certification limitations.
	Physician/surgeon fees	10% coinsurance	50% coinsurance & balance billing may apply	
If you need immediate medical attention	Emergency room care	10% coinsurance	10% coinsurance	Must be a Medical Emergency as defined by your plan. Out-of-network providers can't balance bill for the difference between the allowed amount and the billed charge.
	Emergency medical transportation	10% coinsurance		Non-medical emergency transportation requires pre-certification.
	Urgent care	10% coinsurance	50% coinsurance & balance billing may apply	None
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	50% coinsurance & balance billing may apply	Bariatric Surgery 20% coinsurance covered in-network only. See your plan document for more information on pre-certification limitations.
	Physician/surgeon fees	10% coinsurance	50% coinsurance & balance billing may apply	
If you need mental health, behavioral health, or substance abuse services	Mental/Behavioral health outpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information on limitations and excluded services.
	Mental/Behavioral health inpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information on pre-certification limitations and excluded services.
	Substance use disorder outpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information on limitations and excluded services.
	Substance use disorder inpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information on pre-certification limitations and excluded services.
If you are pregnant	Office visits	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information.
	Childbirth/delivery professional services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information.
	Childbirth/delivery facility services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	

* For more information about limitations and exceptions, see the plan or policy document at www.benefitoptions.az.gov .

If you need help recovering or have other special health needs	Home health care	10% coinsurance	50% coinsurance & balance billing may apply	Coverage is limited to 42 visits per member per plan year.
	Rehabilitation services	10% coinsurance	50% coinsurance & balance billing may apply	Coverage is limited to 60 visits per member per plan year.
	Habilitation services	Not Covered	Not Covered	None
	Skilled nursing care	10% coinsurance	50% coinsurance & balance billing may apply	Coverage is limited to 90 days per member per plan year.
	Durable medical equipment	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information on pre-certification limitations and excluded services.
	Hospice services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information on limitations and excluded services.
If your child needs dental or eye care	Children's eye exam	10% coinsurance	50% coinsurance & balance billing may apply	Screenings covered as part of well-child health examination.
	Children's glasses	Not Covered	Not Covered	None
	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Alternative Medicine
- Cosmetic surgery
- Dental care (Adult, except for the treatment of an accidental injury to sound natural teeth, where the continued course of treatment is started within six months of the accident).
- Infertility treatment
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (Except for inpatient hospital setting)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (see plan document for information on limitations and exclusions)
- Chiropractic care (limited to 20 visits per member, per Plan Year)
- Hearing aids (limited to one per ear, per Plan year)
- Long-term care (Acute)
- Routine eye care (Adult, if part of a routine health examination)
- Routine foot care (if medically necessary)
- Weight loss programs (see Wellness Program for more information)

* For more information about limitations and exceptions, see the plan or policy document at www.benefitoptions.az.gov .

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Benefit Options at 1-602-548-5008 or 1-800-304-3687 or www.benefitoptions.az.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Blue Cross Blue Shield of Arizona at 1-866-287-1980 or www.azblue.com; UnitedHealthcare at 1-800-896-1067 or www.myuhc.com; MedImpact at 1-888-648-6769 or www.medimpact.com or Benefit Options at 1-602-548-5008 or 1-800-304-3687 or www.benefitoptions.az.gov.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

SPANISH (Español): Para obtener asistencia en Español, llame al 1-602-542-5008 o al 1-800-304-3687.
NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-602-542-5008 or 1-800-304-3687.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-602-542-5008 or 1-800-304-3687.

* For more information about limitations and exceptions, see the plan or policy document at www.benefitoptions.az.gov .

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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* For more information about limitations and exceptions, see the plan or policy document at www.benefitoptions.az.gov .

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network prenatal care and a hospital delivery)

The plan's overall deductible	$1,700
Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
Other copayment / coinsurance	10%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**
In this example, Peg would pay:	
Cost Sharing	
Deductibles	$1,700
Copayments	$10
Coinsurance	$1,090
What isn't covered	
Limits or exclusions	$50
The total Peg would pay is	**$2,850**

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$1,700
Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
Other copayment/coinsurance	10%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**
In this example, Joe would pay:	
Cost Sharing	
Deductibles	$1,700
Copayments	$500
Coinsurance	$50
What isn't covered	
Limits or exclusions	$20
The total Joe would pay is	**$2,270**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$1,700
Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**
In this example, Mia would pay:	
Cost Sharing	
Deductibles	$1,700
Copayments	$10
Coinsurance	$110
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,820**

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact Benefit Options Wellness at 1-602-771-9355 or www.wellness.az.gov.

The plan would be responsible for the other costs of these EXAMPLE covered services

* For more information about limitations and exceptions, see the plan or policy document at www.benefitoptions.az.gov .

Discrimination is Against the Law

Blue Cross® Blue Shield® of Arizona (AZ Blue) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes). **AZ Blue** does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

AZ Blue:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, call 602-864-4884 for Spanish and 1-877-475-4799 for all other languages and other aids and services.

If you believe that **AZ Blue** has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Section 1557 Coordinator
P.O. Box 13466
Phoenix, AZ 85002-3466
Call 602-864-2288; TTY 711
or email us at crc@azblue.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, **AZ Blue Section 1557 Coordinator** is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

This notice is available at AZ Blue's website: azblue.com/nondiscrimination-notice.

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* For more information about limitations and exceptions, see the plan or policy document at www.benefitoptions.az.gov .