**State of Arizona Benefit Options** 

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage contact www.benefitoptions.az.gov or call 1-800-304-3687 or 602 542-5008 to request a copy. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.benefitoptions.az.gov or call 1-800-304-3687 or 602 542-5008 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network \$1,650 employee / \$3,300 family Out-of-network \$5,000 employee / \$10,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes, In-network <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Yes. In-network \$3,500 employee / \$7,000 family Out-of-network \$8,700 employee / \$17,400 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.benefitoptions.az.gov</u> or call 1-602-542-5008 or	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a

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	1-800-304-3687 for a list of participating providers.	bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		Limitations, Exceptions, & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	10% coinsurance	50% coinsurance & balance billing may apply	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services
If you visit a health care provider's office or clinic	Specialist visit	10% coinsurance	50% coinsurance & balance billing may apply	needed are preventive. Then Check what your <u>plan</u> will pay for.
provider s office of chilic	Preventive care/screening/ immunization	No Charge	50% coinsurance & balance billing may apply	Preventive care/screening limited to one visit per member per Plan Year. Age and frequency limits may apply. See your plan document for more information on limitations.
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	50% coinsurance & balance billing may apply	None
	Imaging (CT/PET scans, MRIs)	10% coinsurance	50% coinsurance & balance billing may apply	Some testing may require <u>pre-certification</u> . See your <u>plan</u> document for more information on <u>pre-certification</u> limitations.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.benefitoptions.az.gov	Generic drugs	\$15 copay/prescription-retail \$30 copay/prescription-mail order \$37.50 copay/prescription- Choice90	Not Covered	Non-preventive prescription drug: 100% before deductible is met.  Covers up to a 30-day supply for retail; up to a 90-day supply for mail order; up to a 90-day supply for Choice90.

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.benefitoptions.az.gov}}$  .

	Preferred brand drugs	\$40 copay/prescription-retail \$80 copay/prescription-mail order \$100 copay/prescription- Choice90	Not Covered	Prescription medication with over-the-counter equivalents is not covered. Dispense as Written rules associated with how the <u>plan</u> will pay for a name-brand prescription may apply. Specialty drugs limited to a 30-day supply.	
	Non-preferred brand drugs	\$60 copay/prescription-retail \$120 copay/prescription-mail order \$150 copay/prescription- Choice90	Not Covered	See your <u>plan</u> document for more information on Specialty Pharmacy.	
	Services You May Need	What You	Will Pay	Limitations, Exceptions, & Other Important	
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	50% coinsurance & balance billing may apply	Bariatric Surgery 20% <u>coinsurance</u> covered in-network only. See your <u>plan</u> document for	
surgery	Physician/surgeon fees	10% coinsurance	50% coinsurance & balance billing may apply	more information on <u>pre-certification</u> limitations.	
If you need immediate	Emergency room care	10% coinsurance	10% coinsurance & balance billing may apply	Must be a Medical Emergency as defined by your <u>plan</u> . Out-of-network providers can't <u>balance bill</u> for the difference between the allowed amount and the billed charge.	
medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance & balance billing may apply	Non-medical emergency transportation requires pre-certification.	
	<u>Urgent care</u>	10% coinsurance	50% coinsurance & balance billing may apply	None	
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	50% coinsurance & balance billing may apply	Bariatric Surgery 20% coinsurance covered in-network only. See your plan document for	
stay	Physician/surgeon fees	10% coinsurance	50% coinsurance & balance billing may apply	more information on <u>pre-certification</u> limitations.	

 $<sup>^* \</sup> For \ more \ information \ about \ limitations \ and \ exceptions, \ see \ the \ \underline{plan} \ or \ policy \ document \ at \ \underline{www.benefitoptions.az.gov} \ .$ 

If you need mental health, behavioral health, or substance abuse services	Mental/Behavioral health outpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your plan document for more information on limitations and excluded services.
	Mental/Behavioral health inpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your <u>plan</u> document for more information on <u>pre-certification</u> limitations and excluded services.
	Substance use disorder outpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your <u>plan</u> document for more information on limitations and excluded services.
	Substance use disorder inpatient services	10% coinsurance	50% coinsurance & balance billing may apply	See your <u>plan</u> document for more information on <u>pre-certification</u> limitations and excluded services.
	Office visits	10% coinsurance	50% coinsurance & balance billing may apply	See your <u>plan</u> document for more information.
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	50% coinsurance & balance billing may apply	See your <u>plan</u> document for more information.
	Childbirth/delivery facility services	10% coinsurance	50% coinsurance & balance billing may apply	See your <u>plan</u> document for more information.
			Will Pay	Limitations, Exceptions, & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
Common Medical Event	Services You May Need  Home health care			
		(You will pay the least)	(You will pay the most) 50% coinsurance &	Information  Coverage is limited to 42 visits per member
If you need help recovering or have other	Home health care	(You will pay the least)  10% coinsurance	(You will pay the most)  50% coinsurance & balance billing may apply  50% coinsurance &	Information  Coverage is limited to 42 visits per member per plan year.  Coverage is limited to 60 visits per member
If you need help	Home health care  Rehabilitation services	(You will pay the least)  10% coinsurance  10% coinsurance	(You will pay the most)  50% coinsurance & balance billing may apply  50% coinsurance & balance billing may apply	Coverage is limited to 42 visits per member per plan year.  Coverage is limited to 60 visits per member per plan year.

 $<sup>\</sup>hbox{$^*$ For more information about limitations and exceptions, see the $\underline{\tt plan}$ or policy document at $\underline{\tt www.benefitoptions.az.gov}$ .}$ 

	Hospice services	10% coinsurance	50% coinsurance & balance billing may apply	See your <u>plan</u> document for more information on limitations and excluded services.
If your child peeds depted	Children's eye exam	10% coinsurance	50% coinsurance & balance billing may apply	Screenings covered as part of well-child health examination.
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	None
	Children's dental check-up	Not Covered	Not Covered	None

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery

- Dental care (Adult. Except for the treatment of an accidental injury to sound natural teeth where the continued course of treatment is started within six months of the accident.)
- Infertility treatment

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (Except for inpatient hospital setting)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (see plan document for information on limitations and exclusions)
- Chiropractic care (limited to 20 visits per member, per Plan Year)
- Hearing aids (limited to one per ear, per Plan year)
- Long-term care (Acute)

- Routine eye care (Adult, if part of a routine health examination)
- Routine foot care (if medically necessary)
- Weight loss programs (see Wellness Program for more information)

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.benefitoptions.az.gov</u>.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Benefit Options at 1-602-548-5008 or 1-800-304-3687 or <a href="www.benefitoptions.az.gov">www.benefitoptions.az.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Blue Cross Blue Shield of Arizona at 1-866-287-1980 or www.azblue.com; UnitedHealthcare at 1-800-896-1067 or www.myuhc.com; MedImpact at 1-888-648-6769 or www.medimpact.com or Benefit Options at 1-602-548-5008 or 1-800-304-3687 or www.benefitoptions.az.gov.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

SPANISH (Español): Para obtener asistencia en Español, llame al 1-602-542-5008 o al 1-800-304-3687. NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-602-542-5008 or 1-800-304-3687. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-602-542-5008 or 1-800-304-3687.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.benefitoptions.az.gov</u>.

## **About these Coverage Examples:**



Total Example Cost

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$1,650
Specialist coinsurance	\$0
Hospital (facility) coinsurance	\$700
Other <u>copayment</u> / <u>coinsurance</u>	\$410

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	φ12,100	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,650	
Copayments	\$0	
Coinsurance	\$1,090	
What isn't covered		
Limits or exclusions	\$50	
The total Peg would pay is	\$2,790	

# Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$1,650
Specialist coinsurance	\$0
Hospital (facility) coinsurance	\$0
Other <u>copayment</u> / <u>coinsurance</u>	\$340

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

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<u>Durable medical equipment</u> (glucose meter)

Total Example Goot	ψ0,000	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,650	
Copayments	\$0	
Coinsurance	\$370	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$2,040	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$1,650
Specialist coinsurance	\$30
Hospital (facility) coinsurance	\$10
Other coinsurance	\$70

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$5,600

<u>Durable medical equipment</u> (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$1,650	
Copayments	\$0	
Coinsurance	\$120	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,770	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: Benefit Options Wellness at 1-602-771-9355 or <u>www.wellness.az.gov</u>.

The plan would be responsible for the other costs of these EXAMPLE covered services

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