



Physical return to work guidance

(after positive case)

Advise the employee that they can physically return to the workplace as set forth below:

1. **Close contact with a positive COVID-19 person, but experiencing no symptoms consistent with COVID 19.** Individual may return to work after:
 - a. 7 days of fever- and symptom-free quarantine along with a *negative* COVID-19 test result (test must occur on day 5 or later), OR
 - b. 10 days of fever- and symptom-free quarantine *without* a COVID-19 test.

2. **Positive COVID-19 test, but experiencing no symptoms consistent with COVID-19.** Individual may return to work after:
 - a. Individual may return to work after 10 days of isolation have passed since the test, and self-monitoring continues to indicate no symptoms.

3. **Experiencing symptoms consistent with COVID-19, regardless of test results.** Individual may return to work after:
 - a. At least 10 days have passed since symptoms first appeared, AND
 - b. No fever for 24 hours without using fever reducing medication, AND
 - c. Symptoms have improved.

4. **Experiencing symptoms that may have been caused by something other than COVID-19:**
 - a. In this case, please encourage the employee to get tested, and please practice good judgement when allowing the employee to return. The CDC recommends that employees may return to a physical worksite after (a) 7 days of fever- and symptom-free quarantine along with a negative COVID-19 test result (test must occur on day 5 or later).

Employees who are experiencing symptoms and have not had a test are strongly encouraged to get tested.